

ADMISSION RULES

Currently and according to EASE and Somatic Experiencing International, the admission rules for the SE course are as described below.

The Somatic Experiencing course is a certification designed to improve the skills of professionals working with traumatized or stressed individuals.

To be considered for admission, candidates must be professionals with active practice so that the skills learned in the training can be immediately applied and developed throughout the course.

Exceptions may be granted for graduate students participating in an internship program. Applications are approved on a case-by-case basis.

Professionals who may qualify for the Somatic Experiencing course:

- Mental Health Professionals: psychologists, psychiatrists, psychoanalysts, psychotherapists, social workers, counselors, marriage and family therapists, expressive arts therapists, etc.
- Doctors and Alternative Medicine Practitioners: doctors, nurses and nurses, occupational therapists, physiotherapists, chiropractors, emergency physicians, surgeons, obstetricians, midwives, acupuncturists, naturopathic doctors, etc.
- Body workers: massage therapists, Rolfers®, Craniosacral and Polarity therapists, Feldenkrais practitioners, yoga therapists, etc.
- Others: first responders, crisis center personnel, educators, mediators, clergy, chaplains, trainers, etc.

This program is designed to train professionals to work more effectively with client trauma. It is not suitable for those who are just looking for a personal growth experience or for those who do not have an active professional practice.

Acceptance into the SE course does not guarantee that all SE methods are suitable for inclusion in your professional practice.

Trainees are responsible for operating within their professional field and for complying with the law.