

Sessions and Supervisions

All supervisions and personal SE sessions are conducted by professionals certified as Somatic Experiencing® Practitioners (SEP) and approved by SETI (Somatic Experiencing Trauma Institute) as SEPs capable of providing sessions and/or supervision for students. of SE.

The cost of individual sessions and supervision is additional and paid directly to the chosen professional.

The value is based on the cost of the professional's work hour, which varies between €60 and €80.

Three hours of group supervision is equivalent to one hour of individual supervision, in relation to the necessary requirements for the SE student certification.

It is the responsibility of each student to register their sessions and supervisions, collect the signatures of each professional approved by SE Portugal and send these records to Somatic, to later receive the certification of Somatic Experience Practitioner (SEP).

"SETI reserves the right to change the cost of training, according to budget values. In Portugal, SEP (Somatic), official representative of the SE, and responsible for the organization, dissemination and educational and financial administration of the SE, is the entity that reserves such right. SETI, like SEP, does not make any distinction or discrimination of race, color, age, national origin, religious or sexual orientation."

SEP certification

Somatic Experiencing® Practitioner (SEP) certification provided by the European Somatic Experiencing Association, upon completion of all required credits.

